

Platinum Health Page



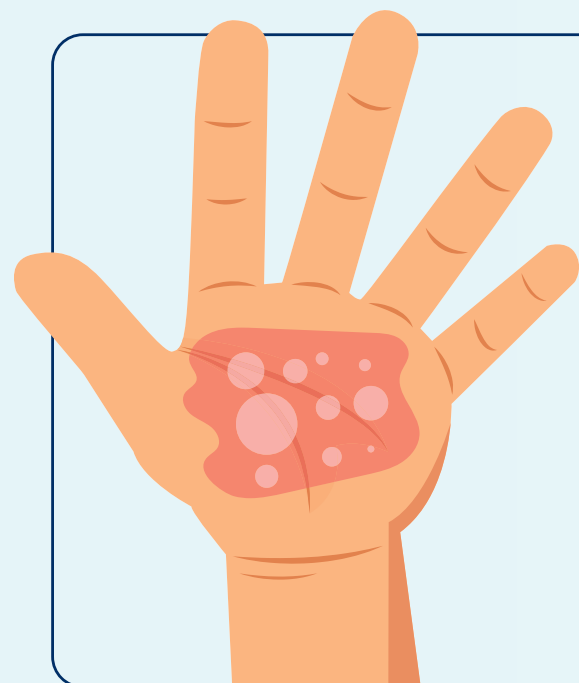
CLEAN HANDS

The first step to better hygiene

Washing your hands is one of the easiest and most effective ways to prevent infection. It is especially important with the Covid-19 pandemic in our midst, to keep your hands clean at all times! From the telephone to the toilet, your computer keyboard to the escalator rail, germs are everywhere and chances are they'll end up on your hands.



[Click here](#) to find out how to clean your hands thoroughly.



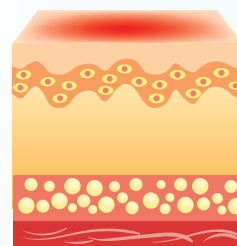
BURNS

Know what to do

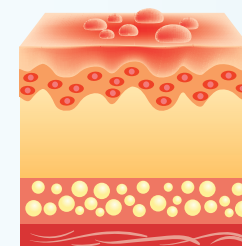
Burns commonly result from the sun, scalding by hot liquids, fire, electricity, or chemicals.

To learn more about the types of burns and how to treat it

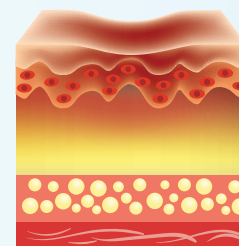
[Click here](#)



FIRST-DEGREE



SECOND-DEGREE



THIRD-DEGREE

Control your

CHRONIC DISEASE

by taking your medication as prescribed

The importance of taking chronic medication as prescribed, especially during the Covid-19 pandemic, cannot be overemphasised. Why? Members with existing chronic conditions (e.g., hypertension, diabetes, asthma, HIV, TB, and heart disease, etc.) who are exposed to Covid-19 are at a higher risk of developing complications.

[Click here](#) to find out more



AGM NOTICE

Members are invited to attend the 23rd Annual General Meeting (AGM) of Platinum Health Medical Scheme to be held at Kingsgate, Rustenburg on Friday, 3 June 2022 at 12:00.

[Click here](#) for more information.



**PLATINUM
HEALTH**