

# ***PREVENTION IS BETTER THAN CURE***



**PLATINUM  
HEALTH**

Platinum Health is distributing masks to its members to curb the spread of COVID-19. The use of masks as an additional preventative measure against COVID-19 has been recommended for public use by the National Department of Health.

Please follow the recommended rules of usage of masks:

- Mask should cover your nose and mouth entirely.
- Do not lower the mask when talking, coughing or sneezing.
- Wash (cloth) mask with soap and water and iron when dry.

**Platinum Health handing out masks to members at  
Der Brochen on 15 September 2020**

