

# *Patients with chronic medical conditions to take special precautions*



PLATINUM  
HEALTH

Patients with chronic medical conditions (such as HIV, high blood pressure, heart and lung disease, cancer and diabetes) are at greater risk of developing serious illness.

Take the following special precautions to lessen your chance of becoming infected with COVID-19 :

**Always wear masks in public and at your workplace**



**Wash/sanitise hands often**



**Keep a social distance from others**

**Take chronic medicine as prescribed.**

