It's imperative for members who fall in the Vulnerable Group to get vaccinated against Covid-19

PLATINUM HEALTH

Why? If you fall in the following "vulnerable" group, your chances are extremely high of getting severely ill, being hospitalised or even dying, should you contract Covid-19.

Who falls in the Vulnerable Group?

People with chronic medical conditions such as hypertension, diabetes, HIV, TB, Asthma, chronic obstructive pulmonary disease (COPD) etc.

People aged 50 plus

People who Smoke

It has been proven that the Covid-19 vaccine offers 96% protection against severe illness and death.

Protect yourself:

Get vaccinated if you have not already done so!

Ensure you take your chronic medication as prescribed and never skip a dose! Ensure you have an adequate supply of medicine.

If you are HIV+ but not yet on treatment, please go onto treatment as soon as possible!

Continue to adhere to Covid-19 precautionary measures, e.g., wearing a mask, washing/sanitising of hands, keeping a safe social distance and avoiding crowded places.