

WOMEN'S MONTH

FEATURED PROFESSIONALS



Platinum Health | Our Exceptional Women

At Platinum Health, we are proud to celebrate the women who inspire, lead, and make a meaningful difference in the lives of our members and colleagues every day. In honour of Women's Month, we're shining a spotlight on some of the exceptional women across our organisation - those who embody compassion, commitment, and clinical excellence.

Meet Dr. Sakinah Khan

As Head of Dental Services, Dr. Sakinah Khan leads with both clinical expertise and heart, ensuring high-quality, patient-centred oral healthcare for our members.

Her dedication to expanding treatment options, mentoring young professionals, and driving innovation across multiple sites has positioned her as a powerful force for change.

Passionate about accessibility, integrity, and teamwork, she believes in leading by example, and in creating a future where integrated dental care is not only standard, but exceptional.

Our Q&A session with Dr. Khan reveals more.



Dr. Sakinah Khan

Head of Dental Services

Q&A

Q: Describe what you do at Platinum Health in one sentence?

A: As the Head of Dental Services at Platinum Health (PH), I oversee the delivery of high-quality, patient-centred dental care across the Scheme, while supporting our team of dental professionals to ensure improved oral health outcomes for Platinum Health members.

Q: What's your personal mission for your role?

A: My mission is to lead the dental team with integrity and compassion and ensure that dental services of high clinical standards are accessible to all members.

Q: What do you hope to achieve for the organisation?

A: I aim to position PH as an industry leader in integrated oral healthcare by ensuring a strong, skilled team that works collaboratively and innovatively to exceed expectations.

Q: What are some of your career highlights whilst being with Platinum Health?

A: One of my key career highlights has been leading the expansion of dental treatment modalities across various Platinum Health sites. By introducing a broader range of clinical services, we have significantly enhanced the quality and scope of care available to our members without the need for external referrals, thereby managing costs.

Another significant highlight is being part of a team that prioritises mentoring young dental professionals. Seeing them grow into confident, skilled clinicians is deeply rewarding.

Lastly, being entrusted with the leadership of the dental services at Platinum Health and having the opportunity to represent dentistry at a strategic level has been both an honour and a highlight of my professional journey.

Q: What are some of your favourite things in life?

A: Outside of work, I'm passionate about spending time on weekends with family. I also enjoy reading, cooking, the outdoors and trying my hand at gardening.

Q&A

Q: What words of inspiration can you give to our younger generation?

A: To the youth of today: Stay curious, embrace lifelong learning, and choose growth over comfort. Your future is shaped by the choices you make today. You are the healers, leaders, and innovators of tomorrow.

Q: How do you balance your personal life and your work?

A: As a woman, the first step to establishing work-life balance is understanding that one can't pour from an empty cup. For me, work-life balance means being fully present, whether it's as a clinician, when leading the team, or when at home helping with homework. This means making a conscious effort to prioritise the right things at the right time and setting boundaries. With the right support system and a deep understanding of one's values, it is possible to thrive in both your personal and professional life.

Q: Can you share a moment when you felt empowered or proud of being an employee of PH?

A: Truth be told, I feel empowered every day in my role at PH because I know that the work we do directly impacts people's health, dignity and quality of life.

One particular initiative that stands out is a programme that provides dental and medical care to children in need. The positive response from patients and staff is incredibly fulfilling. It reminds me that I'm part of an organisation that doesn't just talk about improving lives but actively invests in making it happen.