



Platinum Health Page August

Pregnancy and Hypertension

Learn more about the trials and tribulations of high blood pressure during pregnancy and how to prevent or manage it during pregnancy.

[Read more](#)

Why choose family planning?

Family planning is the practice of controlling the number of children you wish to have and the timing of their births. It includes the use of contraception to prevent unintended pregnancies and manage reproductive health.

[Read more](#)

Cancer Awareness for Women

Cervical cancer is the second most common cancer world-wide, but if it is detected early and managed effectively, it is one of the most successfully treatable forms of cancer.

[Read more](#)

Our Exceptional Women!

This August, we celebrate the courage, confidence and strength of all our female employees who make it happen every day.

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