



Pontso Sebatane

Get to know one of our local optometrists

In July we explored Optometry on our social media, we thought why not celebrate those responsible for taking care of our eyesight. Leading the charge is our local Optometrist, Pontso Sebatane.

1 Describe what you do at Platinum Health in one sentence?

I provide comprehensive optometric care, basically I help patients to see better and take charge of their eye care and eye health.

2 What's your personal mission for your role?

My mission is to provide compassionate patient-centered eye care that not only improves vision but also enhances quality of life.

3 What do you hope to achieve for the organisation?

I hope to not only deliver high quality cost-effective eyecare but to also contribute in collaborative work to improve patient outcomes through early detection and patient education of eye conditions related to chronic diseases (such as glaucoma & diabetic retinopathy).

4 What are some of your career highlights whilst being with Platinum Health?

Helping kids see better and integrating new technologies such as retinal imaging into clinical practice.

5 What are some of your favourite things in life? You can describe hobbies or anything that would give us some insight into who you are.

Outside work I enjoy spending time with family and friends or exploring different cuisines and cultures through food.

6 What words of inspiration can you give to our younger generation?

In a changing healthcare landscape, behind every case is a real human, let compassion be your constant, it's through kindness and empathy that you'll make the biggest impact.

7 How do you balance your personal life and your work?

It's not always easy to keep balance but being fully present and intentional helps me maintain both personal life and professional performance.

8 Can you share a moment when you felt empowered or proud of being an employee of PH?

I feel proud as an employee when I must plan an effective treatment plan without stressing about the patient's personal finances or affordability of care.